

SEPTEMBER EVENTS 2019

sun mon tue wed thurs fri sat

| | sun | mon | tue | wed | thurs | fri | sat |
|--|-----|---|--|---|---|--|---|
| | 1 | OFFICE CLOSED LABOR DAY | Senior Fitness Liv Fit 10:00am - 11:00am | Group Fitness Class Liv Fit 6:00pm - 7:00pm | Yoga Liv Fit 6:00pm - 7:00pm | Group Fitness Class Liv Fit 7:00am - 8:00am | Yoga Liv Fit 8:30am - 9:30am |
| | 8 | Group Fitness Class Liv Fit 6:00pm - 7:00pm | Senior Fitness Liv Fit 10:00am - 11:00am | Group Fitness Class Liv Fit 6:00pm - 7:00pm | Yoga Liv Fit 6:00pm - 7:00pm | Group Fitness Class Liv Fit 7:00am - 8:00am Aqua Aerobics Liv Pool 9:00am - 10:00am | Yoga Liv Fit 8:30am - 9:30am Breakfast in the Hub The Hub 9:30am - 10:30am |
| Pizza and Football The Hub 1:25pm - 2:25pm | 15 | Group Fitness Class Liv Fit 6:00pm - 7:00pm | Senior Fitness Liv Fit 10:00am - 11:00am | Group Fitness Class Liv Fit 6:00pm - 7:00pm | Yoga Liv Fit 6:00pm - 7:00pm | Group Fitness Class Liv Fit 7:00am - 8:00am Aqua Aerobics Liv Pool 9:00am - 10:00am | Yoga Liv Fit 8:30am - 9:30am |
| Community Garden Setup Liv Garden 9:00am - 10:00am | 22 | Group Fitness Class Liv Fit 6:00pm - 7:00pm | Senior Fitness Liv Fit 10:00am - 11:00am | Group Fitness Class Liv Fit 6:00pm - 7:00pm | Happy Hour & Food Truck The Hub 5:30pm - 7:00pm Yoga Liv Fit 6:00pm - 7:00pm | Group Fitness Class Liv Fit 7:00am - 8:00am Aqua Aerobics Liv Pool 9:00am - 10:00am | Yoga Liv Fit 8:30am - 9:30am |
| | 29 | Group Fitness Class Liv Fit 6:00pm - 7:00pm | | | | | |

KEY



liv
responsibly
event



liv
well
event



liv
connected
event



Event Benefiting
The American
Cancer Society's
"Relay for Life"